Herfstcriterium 2026: Session: 4: Startlist per athlete for TEAM: LAQUA

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanmeerbeek Rob HEADCOACH

PB => Personal Best time

Athlete: ARUSTAMYAN ARTHUR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11-12	25	4	2	01:24.56	01:25.09	16:35

Athlete: ASSAM ELOISE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	3	4	00:46.44	00:47.72	15:05 02:00
100M BREASTSTROKE WOMEN 11-12	26	5	5	01:48.12	01:53.28	17:05

Athlete: BURSSENS EMMA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	13	3	01:19.25	no time	14:50

Athlete: CREEMERS LIEZE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE WOMEN 11-12	26	7	2	01:45.18	01:55.66	17:10

Athlete: DE RYCK HANNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	6	7	00:43.15	00:45.07	15:10 02:05
100M BREASTSTROKE WOMEN 11-12	26	10	7	01:41.12	01:44.36	17:15

Athlete: DERAEMAECKER LANDER

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE MEN 13+	20	6	2	01:31.27	01:38.76	14:10

Athlete: GADEYNE OLIVIA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	16	8	01:17.23	no time	15:00

Athlete: KERREMANS SEM

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11-12	25	5	4	01:21.33	no time	16:40

Athlete: LAPEIRRE TIEBEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE MEN 13+	20	8	5	01:26.00	01:27.56	14:15

50M BUTTERFLY MEN 13+	23	11	7	00:31.95	00:32.02	15:30

Athlete: SIGSWORTH KAYA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11-12	25	8	2	01:18.24	01:19.37	16:45

Athlete: SOARES ALMEIDA LISA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	6	1	01:26.95	no time	14:40

Athlete: SPAAS MILOU

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11-12	25	2	6	01:31.92	no time	16:35

Athlete: SPADEA SAMUELE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11-12	25	5	7	01:22.37	no time	16:40

Athlete: VAN BEGIN SARAH

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	13	4	01:19.11	no time	14:50 01:30
200M BACKSTROKE WOMEN 13+	24	11	7	02:43.93	02:52.21	16:20

Athlete: VAN HOUDT SEOANE LISA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	10	5	00:40.18	00:48.70	15:15 01:55
100M BREASTSTROKE WOMEN 11-12	26	8	8	01:47.53	01:43.69	17:10

Athlete: VANDENSANDE CLARA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	2	8	00:51.65	no time	15:05 02:10
100M BREASTSTROKE WOMEN 11-12	26	10	5	01:40.13	01:48.16	17:15

Athlete: VANDENSANDE LUCíA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	2	3	00:49.97	no time	15:05 02:15
100M BREASTSTROKE WOMEN 11-12	26	12	3	01:37.54	01:43.53	17:20

Athlete: VANHEULE LéA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	8	7	01:22.86	no time	14:45